

Mental Health Resources Whatcom County

Resources	Contact Info	Requirements	Payment Accepted
VOA Crisis Line	1-800-584-3578	<ul style="list-style-type: none"> None 	<ul style="list-style-type: none"> Free
National Suicide Helpline	1-800-273-8255		
Behavioral Health Access Program (BHAP)	360-778-6059	<ul style="list-style-type: none"> Whatcom County resident Uninsured Low-income Access barriers 	<ul style="list-style-type: none"> Sliding fee scale \$0-\$20.00
Medicaid Providers	For appointment or referral call: ACCESS Line 1-888-693-7200	<ul style="list-style-type: none"> Current Medicaid recipient 	<ul style="list-style-type: none"> Medicaid
Compass Health	360-676-2220 3645 McLeod Rd Bellingham, WA 98226 M-F: 8:30AM-5:30PM	<ul style="list-style-type: none"> Two-hour assessment (walk-ins only) 	<ul style="list-style-type: none"> Medicaid: DSHS, Molina. Must call Access Line first for referral
Lake Whatcom Residential and Treatment Center	360-676-6000 Toll-free: 1-888-676-6002 609 Northshore Dr Bellingham, WA 98226 M-F: 9AM-5PM	<ul style="list-style-type: none"> Resident of Whatcom or nearby counties Adult w/ severe and persistent mental illness 	<ul style="list-style-type: none"> Medicaid: DSHS, WA Apple Health
CCS Recovery Center	360-676-2187 515 Lakeway Dr Bellingham, WA 98225	<ul style="list-style-type: none"> Chemical dependency & mental health 	<ul style="list-style-type: none"> Uninsured Medicaid Private Insurance
Unity Care Northwest Behavioral Medicine www.unitycarenw.org	360-676-6177 1616 Cornwall Ave, Ste 205 Bellingham, WA 98225 M-F: 7:45AM-6PM	<ul style="list-style-type: none"> None 	<ul style="list-style-type: none"> Medicaid (must call Access Line first) Sliding Scale
SeaMar CHC – Behavioral Health Center www.seamar.org	360-734-5458 3350 Airport Dr Bellingham, WA 98226 M-F: 8AM-5PM	<ul style="list-style-type: none"> None 	<ul style="list-style-type: none"> Medicaid Medicare (Only with Medicaid) Private Insurance Sliding scale (w/ paystub)
SeaMar CHC – Behavioral Health Child & Family Services	360-398-5444 3350 Airport Dr, 2 nd Floor Bellingham, WA 98226 M-F: 8AM-5PM	<ul style="list-style-type: none"> None 	<ul style="list-style-type: none"> Medicaid Medicare (Only with Medicaid) Private Insurance Sliding scale (w/ paystub)
Western Washington University Counseling Training Clinic www.wwu.edu/ctc	360-650-3184 Academic Instruction Center 453 516 High St Bellingham, WA 98225	<ul style="list-style-type: none"> Individuals All Ages Open January to June 	<ul style="list-style-type: none"> Free
Gary Dolin, LICSW	360-303-6505 Bellingham & Ferndale offices available gary.dolin@gmail.com	<ul style="list-style-type: none"> Adolescents and adults Call to schedule 	<ul style="list-style-type: none"> Sliding Scale
Debra J. Shawver, LICSW Bellingham Therapeutic Counseling, LLC	360-536-1565 115 W Magnolia St, Ste 207 Bellingham, WA 98225 Shawvers11@hotmail.com	<ul style="list-style-type: none"> By appointment only, please call No clients under 7 	<ul style="list-style-type: none"> Medicare (no Soundpath or UnitedHealthcare) Private Insurance Sliding scale (\$80-\$100)

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Joan Wildfield, LMHC	360-920-4088 1112 11 th St, Ste 302 Bellingham, WA 98225	<ul style="list-style-type: none"> By appointment only, please call 	<ul style="list-style-type: none"> Sliding scale (min \$65) Private Insurance
Dawne Grove https://discoverycounsel.com/dawn-grove	360-220-3855 192 E Bakerview Rd, Ste 102 Bellingham, WA 98226	<ul style="list-style-type: none"> 13+ and older Call or check website to schedule appt 	<ul style="list-style-type: none"> WA Apple Health: ONLY Molina Private Insurance \$115 per session
Compass Christian Counseling Debra Ivancovich	360-685-4226 1313 E Maple St Bellingham, WA 98225 Debra.ivancovich.counseling@gmail.com	<ul style="list-style-type: none"> Adults Call to schedule appt 	<ul style="list-style-type: none"> Cash & check
Jayme Fergoda, PhD, LICSW	360-685-4224 1313 E Maple St, Ste 224 Bellingham WA 98225 jayme@jaymefergoda.com	<ul style="list-style-type: none"> Youth 6+, families & adults NO couples counseling 	<ul style="list-style-type: none"> Medicaid: ONLY Molina and CHPW Medicare Private Insurance Cash, check, debit, credit
Jason Prinster, PhD (ext. 22) Evan Freedman, PhD, ABPP (ext. 11)	360-734-2664 1200 Old Fairhaven Pkwy, Ste 302 Bellingham, WA 98225	<ul style="list-style-type: none"> Call for screening 	<ul style="list-style-type: none"> Sliding scale Private Insurance Cash and check Credit and debit (by some clinicians)
Mark Harfenist LMHC, LMFT	360-223-0132 1201 11th St, Ste 204A Bellingham, WA 98225 markharfenist@gmail.com	<ul style="list-style-type: none"> Individual, Couple and Family Therapy 	<ul style="list-style-type: none"> Private Insurance Payment plans
Dr. Dan Brinkman Crestview Psychological Services	360-398-8127 1610 Grover St, D-1 Lynden, WA 98264	<ul style="list-style-type: none"> Generally: adolescents, adults 	<ul style="list-style-type: none"> Medicare Private Insurance Cash, check, debit, credit Sliding scale available for those paying in cash
Depression & Bipolar Support Alliance	360-354-6841 800 E Chestnut St, Ste 1C Bellingham, WA 98225 whatcomdbsa@gmail.com	<ul style="list-style-type: none"> Support group meets monthly: 2nd Tuesdays, 7-9pm 	<ul style="list-style-type: none"> Free
Sunrise Community Mental Health	360-746-7200 1515 Cornwall Ave Bellingham, WA 98225	<ul style="list-style-type: none"> Adults only New clients only accepted during walk-ins on Tues & Thurs, come early or call ahead to verify availability 	<ul style="list-style-type: none"> Medicaid (DSHS/Classic & WA Apple Health)
Support Groups (NAMI) NAMI Whatcom (National Alliance on Mental Illness)	360-671-4950 www.namiwhatcom.org	<ul style="list-style-type: none"> For those living with mental illness, families, spouses, suicide survivors 	<ul style="list-style-type: none"> Free

NOTE:

- If there is someone you want to see, it is best to call and ask about their payment options.
- See mental health provider list for Whatcom County at www.namiwhatcom.org
- If you have insurance, contact the insurance company for their preferred providers