



LGBTQ+ Providers and Resources Whatcom County



“WAH” = WA Apple Health Medicaid “OON” = Out-of-Network

“Notes” section contains info directly from provider’s page or secondary profiles

Questions? Contact us at 360-788-6594 or email info@whatcomalliance.org

- The providers and resources on this list were recommended by members of the LGBTQ+ Community, but further feedback on their services would be appreciated. To provide feedback or add a resource to this list, please contact Talia Sorinsin, WAHA Enrollment Specialist at WAHA 360-788-6598 or tsorinsin@whatcomalliance.org
- It is best to call and ask the provider you want to see about their payment options. If you have insurance, call and ask the company if your provider is preferred or covered.
- If you plan to pay for services with insurance, prior to beginning therapy please contact your insurer to clarify your coverage benefits and any out-of-pocket expense you may have

Provider	Contact Info	Payment Accepted	Notes
Danae Armstrong, MA, LMHC <i>Northwest Behavioral</i>	3031 Orleans St, Ste 101 Bellingham, WA 98226 360-350-5516 or 360-392-2838 nwbehavioral.org	Beacon, BlueCross/BlueShield, Community Health Plan, First Choice Health, Kaiser, Molina (WAH), Optum, Premera, Regence, UnitedHealthcare (WAH), OON	Trauma and PTSD, Life Transitions, Mood Disorders, Self Esteem, Self-Harming, Sexual Abuse, Stress, Suicidal Ideation, Transgender, Women’s Issues
Jonathan Boudin, LMHC <i>Lighthouse Counseling</i>	1329 Lincoln St, #2 Bellingham, WA 98229 360-922-2308 lighthousecounselingbham.com	Aetna, First Choice Health, Group Health, Healthcare Management Administrators, Kaiser Permanente, Molina (WAH), Optum, OON	Trauma and PTSD, Child or Adolescent, Relationship Issues, Transgender, Anxiety, Coping Skills, Depression, Developmental Disorders, Domestic Abuse
Denise Castro, PsyD <i>Pacific Harbor Psychology</i>	801 Samish Way Bellingham, WA 98229 360-255-2505 ext. 115 pacificharbor.org	BlueCross/BlueShield, First Choice Network, Healthcare Management Administrators, Labor & Industries, LifeWise of Washington	Depression and Anxiety, Grief and Loss, Adjustment to Life Transitions, Personal Growth, Relationship Issues, Couples Therapy, LGBTQ, Trauma
Caitlin Cavanaugh, LMHC <i>King Health Associates</i>	21 Bellwether Way, Ste 107 Bellingham, WA 98225 360-329-2055 kinghealthassoc.com	Aetna, Beacon Health Options, BlueCross/BlueShield, Cigna, First Health Choice, Healthcare Management Administrator, Kaiser PPO, Kaiser HMO Core, Managed Health Network, Premera, UnitedHealthcare, LifeWise	Trauma, Eating Disorders, Body Image Issues, Anxiety and Depression, Identity Development, Women’s Issues, Gender Identity, Self-Harm, Sexual Issues, Self-hatred and Shame
Melanie Cool, MA, LMHC <i>Lutheran Counseling Network</i>	2600 Lakeway Dr Bellingham, WA 98229 360-715-2166 www.lutherancounseling.net/melanie-cool	Most insurance accepted	Grief, Disabilities, Chronic Pain, Stress, Anxiety and Depression, Relationship Issues
Barbara Durdle, M.Ed <i>Kulshan Counseling Group</i>	12 Bellwether Way, #211 Bellingham, WA 98225 241-961-5097 kulshancounseling.com	BlueCross/BlueShield, First Choice Health, Kaiser (OON), LifeWise of Washington, Premera, OON	Anxiety and Depression, Relationship Issues, Codependency, Divorce, Domestic Abuse, Grief, Self Esteem, Transgender, Trauma and PTSD

LGBTQ+ Providers and Resources Whatcom County

Amaris Espinosa, LMHCA, ATR	1106 Harris Ave, Ste 204 Bellingham, WA 98225 970-458-7287	Verify your health insurance coverage when you arrange your first visit.	Trauma and PTSD, Women's Issues, Stress, Bisexual, Gay, Lesbian, Sleep or Insomnia, Spirituality, Transgender, Weight Loss
Emily Foister, LMHC, CDP <i>Northwest Behavioral</i>	3031 Orleans St Bellingham, WA 98226 360-392-2838 nwbehavioral.org	Aetna, Anthem, Beacon, BlueCross/BlueShield, GEHA, Molina, Optum, Premera, Regence, Sliding Scale, OON	Anxiety, Addiction, Women's Issues, Bisexual Allied, Gay Allied, HIV/AIDS Allied, Lesbian Allied, Self Esteem, Stress, Transgender, Trauma and PTSD
Karen Hansey, MA, LMHC <i>Kulshan Counseling</i>	12 Bellwether Way, Ste 211 Bellingham, WA 98225 360-393-7552 kulshancounseling.com	<i>If you plan to pay for services through insurance, please check with your insurer prior to beginning therapy so that you understand your coverage and any out-of-pocket expense you may have.</i>	Sexual Abuse, Mood and Anxiety Disorders, Chronic Medical Conditions, Grief and Loss, Adoption Issues, LGBTQ
Elizabeth Foster Heckman, LMHC <i>Accent Counseling</i>	1303 Commercial St, Ste 4 Bellingham, WA 98225 360-602-1991 accent-counseling.com	Aetna <i>(More insurance plans coming soon)</i>	LGBTQ+ Issues, Life Transitions, Relationship Concerns, Women's issues
Jupe Johnson, MA, LMHC <i>Associates in Mental Health</i> <i>Lodestar Counseling</i>	119 N Commercial St, Ste 415 Bellingham, WA 98225 360-303-6294 lodestarcounseling.com	Aetna, BlueCross/BlueShield Group Health, Cigna, First Choice, Group Health, Regence	Adult, ADD and ADHD, Emotional Intimacy, LGBT, Life Transitions, Sexuality Issues, Young Adult Guidance
Lucas Koole, LMHC, CDPT	1106 Harris Ave, #206 Bellingham, WA 98225 616-443-8785 koolecounseling@gmail.com	First Choice Health, Regence, OON	Relationship Issues, Depression, Sexual Addiction, Stress, Substance Abuse, Bisexual Allied, Gay Allied, Heterosexual Allied, Lesbian Allied, Transgender Allied
Stephanie McDonald, LMHC <i>Heart Listening Therapy</i>	1012 Dupont St Bellingham, WA 98225 360-215-3672 heartlisteningtherapy@gmail.com	Aetna, Cascade Care Centers EAP, Cigna (OON), First Choice Health, First Choice Health-EAP, Kaiser, Optum-EAP, Regence, Regence-HMA	Self Esteem, Grief, Women's Issues, Anxiety and Depression, Body Image (Health at Every Size), Coping Skills, Bisexual, Gay, Lesbian
Sonia Rae, MA, LMFT, MHP	1229 Cornwall Ave, Ste 201 Bellingham, WA 98225 360-982-7872 soniaaetherapy.com	Beacon, First Choice Health, HMAA, Kaiser (OON), LifeWise, Optum, Premera, Regence, UnitedHealthcare, OON	Parenting, Relationship Issues, Family Conflicted, Bisexual Allied, Gay Allied, Lesbian Allied, Transgender Allied, Substance Abuse, Transgender, Trauma and PTSD, Women's Issues

LGBTQ+ Providers and Resources Whatcom County

Cynthia, Stentz, MA	203 W Holly St, #320 Bellingham, WA 98225 360-738-1597	BlueCross/BlueShield, EBMH, First Choice Health, GHI, LifeWise, Premera, Regence, Uniform, ValueOptions, OON, Sliding Scale	Anxiety and Depression, Trauma and PTSD, Bisexual Allied, Gay Allied, Heterosexual Allied, Lesbian Allied, Relationship Issues, Self Esteem, Sexual Abuse, Suicidal Ideation, Transgender
Marcel Van Eerd, PsyD <i>Authentic Transformations, LLC</i>	1112 11th St, Ste 301 Bellingham, WA 98225 360-255-7073 www.authentictransformations.com	Aetna, Cigna, Kaiser Permanente, Premera, Regence, TRI West, OON	Anxiety and Depression, Trauma and PTSD, Bisexual, Gay, Lesbian, Self Esteem, Suicidal Ideation, Transgender, Loss, Life Changes, Personal Development
April Mullen, MA, LMHC <i>Bloom Therapy and Wellness</i>	103 E Holly St, #522 Bellingham, WA 98225 360-810-5656	Aetna, Cigna, Sliding Scale	Grief, Women's Issues, Trauma and PTSD, Stress, Suicidal Ideation, Transgender
Catherine Webb, PhD, LMHC	909 Harris Ave Bellingham, WA 98225 405-361-2162	Aetna, Beacon, BlueCross/BlueShield, Cigna, Health Choice, Holman Group, Meridian, UnitedHealthcare, ValueOptions, OON, Sliding Scale	Anxiety and Depression, Women's Issues, Transgender, Bisexual, Gay, Lesbian, Bipolar Disorder, Divorce, Grief
Megan West, LMHCA	1200 Dupont St, #3H Bellingham, WA 98225 360-305-8252 meganwestcounseling.com	Sliding Fee Scale, NO Insurance Accepted	Anxiety and Depression, Trauma and PTSD, Bisexual, Gay, Lesbian, Spirituality, Stress, Transgender
Rebecca McClinton, LMHC <i>Compass Health</i>	3645 E McLeod Rd Bellingham, WA 98226 360-676-2220 www.compasshealth.org	Medicaid, Sliding Fee Scale	Anxiety and Depression, Trauma, Development Disabilities

If seeking Trans Providers and Resources, please continue to the next page.*

If seeking Support Services, please continue further.

LGBTQ+ Providers and Resources Whatcom County

Trans* Providers and Resources

Provider	Contact Info	Payment Accepted	Notes
Jenny Arm, PhD <i>(they, them)</i>	119 N Commercial St, Ste 1410 Bellingham, WA 98225 360-746-6418 jenniferarm.com	BlueCross/BlueShield, First Choice Health, LifeWise, Regence, Premera	Trauma, Gender Diversity; Serving the trans community including assistance with transition; Mental Health topics for lesbian, gay, and bisexual individuals and/or those questioning or grappling with their sexual orientation
Jennifer Bayer, PhD	1140 10th St, Ste 203 Bellingham, WA 98225 360-319-9930 jenniferbayerphd.wixsite.com/rooted	Private Pay, Sliding Fee Scale	Chronic Pain, Mood Disorders, Trauma and PTSD, Body Positivity, Queer Allied, Transgender Allied, Veterans
Rives Thornton, MS, LMHC <i>Impact Therapy</i>	4945 Mission Rd Bellingham, WA 98226 304-451-0634	Aetna, Anthem, BlueCross/BlueShield, CareFirst, Optum, Premera, Regence, UnitedHealthcare	Anxiety, Relationship Issues, Men's Issues, Women's Issues, Transgender, Trauma and PTSD, Weight Loss
Cherika Ashman, LICSW	1155 N State St, Ste 317 Bellingham, WA 98225 206-419-0977 allswessessions@gmail.com	Private Pay, Sliding Fee Scale	Trauma and PTSD, Anxiety, Substance Abuse, Bisexual, Gay, Lesbian, Self Esteem, Self-Harming, Suicidal Ideation, Relationship Issues
Mark Dooley, MA, MES, LMHC, CMHS	1116 Key St, Ste 105 Bellingham, WA 98225 360-303-0695 markdooley68.com	Aetna, BlueCross/BlueShield, First Choice, Kaiser Permanente, LifeWise, Premera, Regence	Native American, LGBT populations, HIV positive, Homeless Youth, Suicide Prevention, Foster and Adoptive Families, Trauma Survivors, Infidelity, Medical Psychotherapy, Interpersonal Neurobiology, Mental Health Assessments, Legal Testimony
Kara Eads, LMHC	1313 E Maple St, #214 Bellingham, WA 98225 360-922-4747 karaeadscounseling.com	Aetna, BlueCross/BlueShield, First Choice, Kaiser, LifeWise, Medicare, Molina, Premera, Regence	Bisexual Allied, Body Positivity, Gay Allied, HIV/AIDs Allied, Heterosexual Allied, Intersex Allied, Lesbian Allied, Non-Binary Allied, Open Relationships and Non-monogamy, Queer Allied, Sex Worker Allied, Sex Positive and Kink Allied, Transgender Allied

LGBTQ+ Providers and Resources Whatcom County

<p>Cheryl Enstad, MSW, LICSW</p>	<p>1155 N State St, Ste 326 Bellingham, WA 98225 360-296-5693 cherylenstadcounseling.com</p>	<p>Aetna, BlueCross/BlueShield, First Choice, Kaiser, LifeWise, Medicare, Molina, Premera, Regence</p>	<p>“Advanced training and experience supporting trans women and men, parents and their LGBTQ children. I believe in informed consent, support ICATH, am very familiar with WPATH and insurance requirements for support letters.”</p>
<p>Kelly Waibel, MS, BS <i>Compass Health</i></p>	<p>3645 E McLeod Rd Bellingham, WA 98226 360-676-2220</p>	<p>Medicaid, Sliding Fee Scale</p>	<p>Anxiety and Depression, Trauma, Transgender</p>
<p>Tara Ettlin, MS, LMHC <i>Bayside Therapy</i></p> <p><i>*Specializing in serving the Latinx population and Spanish-speakers</i></p>	<p>119 N Commercial St, Ste 335 Bellingham, WA 98225 360-734-7310 x4515 baysidetherapy.com</p>	<p>Contact your insurance company or Bayside office to find out which provider is covered by which insurance</p>	<p>Depression and Mood Problems, Anxiety, Stress, Women’s Issues, Self Esteem and Body Image Concerns, Post-partum Depression, Adjustment and Interpersonal Conflicts, Grief and Loss, Gender Identity and Gender Dysphoria, Developing Mindfulness Skills</p>
<p>Vermeda Fred, MFT, MFA</p>	<p>1715 C St Bellingham, WA 98225 415-518-4321 www.vermedamfredmft.com</p>	<p>Aetna, Anthem, BlueCross/BlueShield, First Choice, LifeWise, Kaiser, Premera, Regence</p>	<p>Anxiety and Depression, Eating Disorders, Aviation Professionals, Cancer, Bisexual Allied, Gay Allied, HIV/AIDs Allied, Heterosexual Allied, Lesbian Allied, Transgender Allied, Veterans</p>
<p>Jennifer Given-Helms, MSW, LSWAIC <i>Finding Center Counseling and Wellness</i></p>	<p>2215 Elm St Bellingham, WA 98225 360-510-1211 www.findingcentercounseling.com</p>	<p>Private Pay ONLY</p>	<p>Child or Adolescent, Transgender, Relationship Issues, Divorce, Marital and Premarital, Open Relationships, Parenting, School Issues, Self Esteem, Self-Harming, Sex Therapy, Trauma and PTSD</p>
<p>Amanda Hare, MA, LMHC <i>Heart Centered Counseling</i></p>	<p>1101 Harris Ave, Ste 26 Bellingham, WA 98225 360-224-3601 www.amandaharetherapy.com</p>	<p>Private Pay, Sliding Fee Scales</p>	<p>Relationship counseling, Eating Disorders & Body Image, Life Transition Support, Anxiety and Depression, Personal Development, Mind/Body/Spirit Embodiment Practices, Gender and Sexuality: LGBTQ</p>
<p>Pamela Helberg, LMHCA</p>	<p>1101 Harris Ave, #27 Bellingham, WA 98225 360-303-0671 www.therapywithpamh.com</p>	<p>Molina ONLY</p>	<p>Adoption, Alzheimer’s Disease, Anxiety, Self Esteem, Spirituality, Stress, Women’s Issues, Gay Allied, Heterosexual Allied, Lesbian Allied, Racial Justice Allied, Transgender Allied</p>

LGBTQ+ Providers and Resources Whatcom County

<p>Alana Karsch, LMHC <i>WorldWithWings Counseling</i></p>	<p>1344 King St, Ste 204 Bellingham, Washington 98229 360-529-3440 www.worldwithwingscounseling.com</p>	<p>Kaiser Permanente, Molina, UnitedHealthcare, Sliding Scale available based on need</p>	<p>Gender Transition, LGBTQ Concerns, Loss/Grief Concerns, Mind/Body/Somatic Therapies, Relationship Concerns, Self Esteem, Stress Management, Transgender Concerns</p>
<p>Kathleen Thorndike, LICSW <i>Mindful Change Counseling</i></p>	<p>1229 Cornwall Ave, Ste 212 Bellingham, WA 98225 360-510-4807 mindfulchangecounseling.com</p>	<p>Premera, Regence, UnitedHealthcare</p>	<p>Transgender, Anxiety and Depression, Trauma and PTSD, Dual Diagnosis, Grief, OCD, Relationship Issues, Self Esteem</p>
<p>Morgan Mitchell, MA <i>Regeneration Center</i></p>	<p>1108 11th St, #304 Bellingham, WA 98225 360-733-1922 www.regencenter.com</p>	<p>Aetna, Community Health Plan of Washington, BlueCross/BlueShield, First Choice, Health Net, Kaiser Permanente, Molina, Regence</p>	<p>Sexual Abuse, Transgender, Trauma and PTSD, Anxiety and Depression, Bipolar Disorder, Codependency, Coping Skills, Family Conflict, Life Transitions, Peer Relationships, Relationship Issues, Self Esteem</p>
<p>Erin Stockhausen, LMHC <i>Compass Health</i></p>	<p>3645 E McLeod Rd Bellingham, WA 98226 360-676-2220 www.compasshealth.org</p>	<p>Medicaid, Sliding Fee Scale</p>	<p>Identity Development, Nutrition Counseling, Trauma, Anxiety and Depression</p>
<p>Claire Mannino, MS, LMHC, NCC <i>Bellingham Counseling</i></p> <p><i>*Informed consent model when working with clients accessing gender confirming medical procedures</i></p>	<p>203 W Holly St, #331 Bellingham, WA 98225 360-224-5334 (text) bellinghamcounseling.org</p>	<p>Cigna, Group Health, Group Health Transgender Case Management Plan, Molina, Regence, UnitedHealthcare, Limited Sliding Fee Scale</p>	<p>Gender Identity Issues, Queer, Transgender, Gender Variant, Gender Queer Individuals, Teen Pregnancy, Teen/Young Adult Counseling, LGBTQ Teens/Young Adults, Addictions— Individual/Drugs/Alcohol/Technology, Alternative Relationships and Kind</p>
<p>R. Chris Turner, LMHC <i>Accent Counseling</i></p>	<p>1303 Commercial St, Ste 4 Bellingham, WA 98225 360-602-1991 accent-counseling.com</p>	<p>Aetna, First Choice, Kaiser Permanente PPO/HMO/Core, Optum/United Employee Assistance Program, Regence, UnitedHealthcare (UHC Community Plan not accepted)</p>	<p>Anxiety and Depression, Life Transitions, Relationship Issues, Self Esteem, Self- Harming, Stress, Suicidal Ideation, Transgender, Trauma and PTSD</p>
<p>Sage Willis, PhD, PLLC <i>Sendan Center</i></p>	<p>1616 Cornwall Ave, Ste 100 Bellingham WA, 98225 360-305-3275 www.sendancenter.com</p>	<p>BlueCross/BlueShield, Kaiser Permanente, LifeWise, Premera, Regence</p>	<p>Transgender, Gay, Lesbian, Anxiety and Depression, Bipolar Disorder, Grief, Life Transitions, Racial Identity, Relationship Issues</p>

LGBTQ+ Providers and Resources Whatcom County

Lisa Zawacki, LMHC 	103 E Holly St, Ste 522 Bellingham, WA 98225 360-255-9363	Aetna, BlueCross/BlueShield, Healthcare Administrators, GEHA, First Choice Health, Meritain, Optum, Providence, Regence, UnitedHealthcare, UMR, Uniform	Anxiety and Depression, Bipolar Disorder, Life Transitions, Racial Identity, Relationship Issues, Stress, Transgender, Trauma and PTSD
Jena M. Lopez, MD <i>Northwest Trans Youth Clinic</i> <i>Mt Shuksan Family Medicine</i>	2101 Cornwall Ave, Ste 101 Bellingham, WA 98225 360-647-1900 transyouthclinic.com	Aetna, BlueCross/BlueShield, Cigna, First Choice Network, HMA, Group Health, Kaiser Permanente, Molina, Premera, Regence, SoundPath Health, UnitedHealthcare	Provider of puberty blockers and cross sex hormone treatment for trans and queer people
John Tilley Jr., MD <i>Unity Care</i>	220 Unity St Bellingham, WA 98225 360-676-6177	Aetna, Community Health Plan, Kaiser Permanente, Medicare, Molina, Regence	Medical provider for Trans* people
Sean G. Triaffican, MD <i>Mt Baker Planned Parenthood</i>	1530 Ellis St Bellingham, WA 98225 360-734-9095	All Insurances Accepted, Sliding Fee Scale	Education, Hormone Therapy, Resources, Service Referrals
Rebecca McClinton, LMHC <i>Compass Health</i>	3645 E McLeod Rd Bellingham, WA 98226 360-676-2220 www.compasshealth.org/	Medicaid, Sliding Fee Scale	Anxiety & Depression, Trauma, Developmental Disability

If seeking Support Services, please continue to the next page.

LGBTQ+ Providers and Resources Whatcom County

Support Services

Resource	Contact Info	Payment Accepted	Notes
Catalyst Therapies	23 Bellwether Way, Ste 102 Bellingham, WA 98225, 360-389-3468 catalysttherapies.org	Private Insurance, WA Apple Health (call and ask about Molina, Coordinated Care), CHPW, Private Pay	Safe space and affordable 1:1 class Transgender Voice Training Physical Therapy Occupational Therapy
Center for Gender Sanity	PO Box 30313 Bellingham, WA 98228 360-398-2878 gendersanity.com/index.html	N/A	Diversity training specifically on transgender issues for all levels of management and workers. Support and resources for transitioning
Gay, Lesbian, Bisexual, Transgender (GLBT) National Hotline	1-888-843-4564 (24/7) glbthotline.org	N/A	Family support groups, events, individual support, education, etc.
Gender Diversity	1-855-4GENDER www.genderdiversity.org/ info@genderdiversity.org	N/A <i>We screen all group participants. Please schedule your intake call today at info@genderdiversity.org. During the call, you will receive additional information, including meeting locations.</i>	1st Sundays 3:30 – 5:30 pm Parents of Trans, Gender-diverse Youth Kids Play Group Teens Group (ages 15 – 20) 2nd Sundays 3:30 – 5:30 pm Parents of Adult-age Children
The Ground Floor NW Youth Services	First Congregational Church of Bellingham 2401 Cornwall Ave Bellingham, WA 98225 360-734-9862 Ext. 137.	N/A	A day-use center for at-risk, runaway and homeless youth ages 24 and under. At the Ground Floor youth can connect with supportive adults, receive basic needs items such as food, clothing and gear for sleeping outside and connect with other resources that will help them end their experience of homelessness.
LGBTQ+ Western L.K. Langley, Director (they/them/theirs)	Old Main 563A Bellingham, WA 98229 (360) 650-7500 L.K.Langley@wwu.edu	N/A	LGBTQ+ Western works to advance the holistic thriving of diverse LGBTQ+ students, faculty and staff at Western Washington University by collaboratively engaging the university community with transformational knowledge, resources, advocacy and celebration.
Lifelong	115 Unity St, Ste 302 Bellingham, WA 98225 360-671-0703 800-249-2437 ewadvocates.org	All programs are free; Non-profit; <i>Eligibility Criteria: If you are living with HIV in WA we are happy to assist you</i>	Medical Case Management, HIV Testing, PrEP Navigation

LGBTQ+ Providers and Resources Whatcom County

DVSAS (Domestic Violence and Sexual Assault Service) Spectrum Support Group	1407 Commercial St Bellingham, WA 98225 (360) 671-5714 www.dvsas.org/support-groups/	Free <i>Please call the 24-hour helpline for referral and information.</i>	A safe and confidential group for LGBTQ+ survivors to receive support and learn about the effects of domestic violence and sexual assault. Free to attend and open to anyone under the LGBTQ+ umbrella who has experienced abuse, whether recently or in the past.
Kaiser Permanente: Gender Health Program	Gender Health Case Management Program: 1-866-656-4183 Gender Health Appointing Line: 206-630-1929 Member Services: 1-888-901-4636	Contact Kaiser Permanente to check plans coverages <i>To enroll, or for questions about the process or coverage, call 1-866-656-4183</i>	The gender health program strives to deliver quality gender-affirming care with dignity and sensitivity. Teams include specialists in case management services, primary care, adolescent medicine, plastic surgery, obstetrics/gynecology, urology, behavioral health, and speech therapy.
Mount Baker Planned Parenthood	1530 Ellis St Bellingham, WA 98225 360-734-9095 www.plannedparenthood.org	WA Apple Health, Private Insurance, Payment Plans may be available	Drop-in center, Education, Hormone Therapy for Transgender Patients, Resources, Service Referrals, Support Groups, and more
Northwest Youth Services	1020 N State St Bellingham, WA 98225 360-734-9862 www.nwys.org/	Non-Profit	Free queer-affirmative counseling for youth and families. Positive and health social activities for LGBTQ youth and allies. School based supports including trainings and consultations for adults. Youth support. Homeless support.
Whatcom PFLAG	PO BOX 28704 Bellingham, WA 98227 360-255-3408 www.whatcompflag.org/	Non-Profit	Overall wellbeing of LGBTQ populations, connection services, events, resources, and support
WWU Speech and Language Clinic	AIC East, Speech-Language-Hearing Clinic (360) 650-7379 https://chss.wvu.edu/csd/clinics	Free	"Serves individuals across the gender spectrum who wish to modify their communication to be more in alignment with their gender identity."
PFLAG Support Group <i>Held at Community Food Co-op Bakery</i>	405 E Holly St Bellingham, WA 98225 360-255-3408 www.whatcompflag.org/	Free	First Sunday of every month from 5-7pm Drop by to hang out, find support, and enjoy free pizza!
Queer Resource Center at WWU <i>*This resource is for students</i>	516 High St, Viking Union 515 Bellingham, WA 98225 as.wvu.edu/qrc	Free	Provides non-judgmental and unbiased programs, safe space and resources to both students who identify as queer and their allies

LGBTQ+ Providers and Resources Whatcom County

Sean Humphrey House	1630 H St Bellingham, WA 98225 360-733-0176 www.seanhumphreyhouse.org	Non-Profit Call directly for information on room availability and further resources	Mission: to optimize the quality of life for low-income individuals living with HIV/AIDS, who may also suffer from other diseases and disabilities, and who are unable to live independently.
Trans Lifeline	1-877-565-8860 translifeline.org	Free	Grassroots hotline and microgrants organization offering direct emotional and financial support to trans people in crisis - for the trans community, by the trans community.
Trevor Project	1-866-488-7386 (24/7) www.thetrevorproject.org	Free	Provides crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24
Washington Gender Alliance Support Group	St. James Presbyterian Church 910 14th St Bellingham, WA 98225 washingtongenderalliance.com	Free	Community-oriented, peer-facilitated, open support group for people who are transgender, gender variant or whose lives may be directly or indirectly involved with a transgender or gender variant person.