

# Mental Health Resources Whatcom County

Resources	Contact Info	Requirements	Payment Accepted
VOA Crisis Line	<b>1-800-584-3578</b>	<ul style="list-style-type: none"> <li>None</li> </ul>	<ul style="list-style-type: none"> <li>Free</li> </ul>
National Suicide Helpline	<b>1-800-273-8255</b>		
Behavioral Health Access Program ( <b>BHAP</b> )	Call WAHA for referral: <b>360-788-6594</b>	<ul style="list-style-type: none"> <li>Whatcom County resident</li> <li>Uninsured</li> <li>Low-income</li> <li>Access barriers</li> </ul>	<ul style="list-style-type: none"> <li>Sliding fee scale</li> <li>\$0-\$20.00</li> </ul>
Medicaid Providers	For appointment or referral call: <b>ACCESS Line 1-888-693-7200</b>	<ul style="list-style-type: none"> <li>Current Medicaid recipient</li> </ul>	<ul style="list-style-type: none"> <li>Medicaid</li> </ul>
Compass Health	<b>360-676-2220</b> 3645 McLeod Rd Bellingham, WA 98226 M-F: 8:30AM-5:30PM	<ul style="list-style-type: none"> <li>Two-hour assessment (walk-ins only)</li> </ul>	<ul style="list-style-type: none"> <li>Medicaid: DSHS, Molina.</li> <li>Must call Access Line first for referral</li> </ul>
Lake Whatcom Residential and Treatment Center	<b>360-676-6000</b> Toll-free: 1-888-676-6002 609 Northshore Dr Bellingham, WA 98226 M-F: 9AM-5PM	<ul style="list-style-type: none"> <li>Resident of Whatcom or nearby counties</li> <li>Adult w/ severe and persistent mental illness</li> </ul>	<ul style="list-style-type: none"> <li>Medicaid: DSHS, WA Apple Health</li> </ul>
CCS Recovery Center	<b>360-676-2187</b> 515 Lakeway Dr Bellingham, WA 98225	<ul style="list-style-type: none"> <li>Chemical dependency &amp; mental health</li> </ul>	<ul style="list-style-type: none"> <li>Uninsured</li> <li>Medicaid</li> <li>Private Insurance</li> </ul>
Unity Care Northwest Behavioral Medicine <a href="http://www.unitycarenw.org">www.unitycarenw.org</a>	<b>360-676-6177</b> 1616 Cornwall Ave, Ste 205 Bellingham, WA 98225 M-F: 7:45AM-6PM	<ul style="list-style-type: none"> <li>None</li> </ul>	<ul style="list-style-type: none"> <li>Medicaid (must call Access Line first)</li> <li>Sliding Scale</li> </ul>
SeaMar CHC – Behavioral Health Center <a href="http://www.seamar.org">www.seamar.org</a>	<b>360-734-5458</b> 3350 Airport Dr Bellingham, WA 98226 M-F: 8AM-5PM	<ul style="list-style-type: none"> <li>None</li> </ul>	<ul style="list-style-type: none"> <li>Medicaid</li> <li>Medicare (Only with Medicaid)</li> <li>Private Insurance</li> <li>Sliding scale (w/ paystub)</li> </ul>
SeaMar CHC – Behavioral Health Child & Family Services	<b>360-398-5444</b> 3350 Airport Dr, 2 <sup>nd</sup> Floor Bellingham, WA 98226 M-F: 8AM-5PM	<ul style="list-style-type: none"> <li>None</li> </ul>	<ul style="list-style-type: none"> <li>Medicaid</li> <li>Medicare (Only with Medicaid)</li> <li>Private Insurance</li> <li>Sliding scale (w/ paystub)</li> </ul>
Western Washington University Counseling Training Clinic <a href="http://www.wwu.edu/ctc">www.wwu.edu/ctc</a>	<b>360-650-3184</b> Academic Instruction Center 453 516 High St Bellingham, WA 98225	<ul style="list-style-type: none"> <li>Individuals</li> <li>All Ages</li> <li>Open January to June</li> </ul>	<ul style="list-style-type: none"> <li>Free</li> </ul>
Gary Dolin, LICSW	<b>360-303-6505</b> Bellingham & Ferndale offices available <a href="mailto:gary.dolin@gmail.com">gary.dolin@gmail.com</a>	<ul style="list-style-type: none"> <li>Adolescents and adults</li> <li>Call to schedule</li> </ul>	<ul style="list-style-type: none"> <li>Sliding Scale</li> </ul>
Debra J. Shawver, LICSW Bellingham Therapeutic Counseling, LLC	<b>360-536-1565</b> 115 W Magnolia St, Ste 207 Bellingham, WA 98225 <a href="mailto:Shawvers11@hotmail.com">Shawvers11@hotmail.com</a>	<ul style="list-style-type: none"> <li>By appointment only, please call</li> <li>No clients under 7</li> </ul>	<ul style="list-style-type: none"> <li>Medicare (no Soundpath or UnitedHealthcare)</li> <li>Private Insurance</li> <li>Sliding scale (\$80-\$100)</li> </ul>

Resource	Contact	Requirements	Payment Accepted
Joan Wildfield, LMHC	<b>360-920-4088</b> 1112 11 <sup>th</sup> St, Ste 302 Bellingham, WA 98225	<ul style="list-style-type: none"> <li>By appointment only, please call</li> </ul>	<ul style="list-style-type: none"> <li>Sliding scale (min \$65)</li> <li>Private Insurance</li> </ul>
Dawne Grove <a href="https://discoverycounsel.com/dawn-grove">https://discoverycounsel.com/dawn-grove</a>	<b>360-220-3855</b> 192 E Bakerview Rd, Ste 102 Bellingham, WA 98226	<ul style="list-style-type: none"> <li>13+ and older</li> <li>Call or check website to schedule appt</li> </ul>	<ul style="list-style-type: none"> <li>WA Apple Health: ONLY Molina</li> <li>Private Insurance</li> <li>\$115 per session</li> </ul>
Compass Christian Counseling Debra Ivancovich	<b>360-685-4226</b> 1313 E Maple St Bellingham, WA 98225 <a href="mailto:Debra.ivancovich.counseling@gmail.com">Debra.ivancovich.counseling@gmail.com</a>	<ul style="list-style-type: none"> <li>Adults</li> <li>Call to schedule appt</li> </ul>	<ul style="list-style-type: none"> <li>Cash &amp; check</li> </ul>
Jayme Fergoda, PhD, LICSW	<b>360-685-4224</b> 1313 E Maple St, Ste 224 Bellingham WA 98225 <a href="mailto:jayme@jaymefergoda.com">jayme@jaymefergoda.com</a>	<ul style="list-style-type: none"> <li>Youth 6+, families &amp; adults</li> <li>NO couples counseling</li> </ul>	<ul style="list-style-type: none"> <li>Medicaid: ONLY Molina and CHPW</li> <li>Medicare</li> <li>Private Insurance</li> <li>Cash, check, debit, credit</li> </ul>
Jason Prinster, PhD (ext. 22) Evan Freedman, PhD, ABPP (ext. 11)	<b>360-734-2664</b> 1200 Old Fairhaven Pkwy, Ste 302 Bellingham, WA 98225	<ul style="list-style-type: none"> <li>Call for screening</li> </ul>	<ul style="list-style-type: none"> <li>Sliding scale</li> <li>Private Insurance</li> <li>Cash and check</li> <li>Credit and debit (by some clinicians)</li> </ul>
Mark Harfenist LMHC, LMFT	<b>360-223-0132</b> 1201 11th St, Ste 204A Bellingham, WA 98225 <a href="mailto:markharfenist@gmail.com">markharfenist@gmail.com</a>	<ul style="list-style-type: none"> <li>Individual, Couple and Family Therapy</li> </ul>	<ul style="list-style-type: none"> <li>Private Insurance</li> <li>Payment plans</li> </ul>
Dr. Dan Brinkman Crestview Psychological Services	<b>360-398-8127</b> 1610 Grover St, D-1 Lynden, WA 98264	<ul style="list-style-type: none"> <li>Generally: adolescents, adults</li> </ul>	<ul style="list-style-type: none"> <li>Medicare</li> <li>Private Insurance</li> <li>Cash, check, debit, credit</li> <li>Sliding scale available for those paying in cash</li> </ul>
Depression & Bipolar Support Alliance	<b>360-354-6841</b> 800 E Chestnut St, Ste 1C Bellingham, WA 98225 <a href="mailto:whatcomdbsa@gmail.com">whatcomdbsa@gmail.com</a>	<ul style="list-style-type: none"> <li>Support group meets monthly: 2<sup>nd</sup> Tuesdays, 7-9pm</li> </ul>	<ul style="list-style-type: none"> <li>Free</li> </ul>
Sunrise Community Mental Health	<b>360-746-7200</b> 1515 Cornwall Ave Bellingham, WA 98225	<ul style="list-style-type: none"> <li>Adults only</li> <li>New clients only accepted during walk-ins on Tues &amp; Thurs, come early or call ahead to verify availability</li> </ul>	<ul style="list-style-type: none"> <li>Medicaid (DSHS/Classic &amp; WA Apple Heath)</li> </ul>
<b>Support Groups (NAMI)</b> NAMI Whatcom (National Alliance on Mental Illness)	<b>360-671-4950</b> <a href="http://www.namiwhatcom.org">www.namiwhatcom.org</a>	<ul style="list-style-type: none"> <li>For those living with mental illness, families, spouses, suicide survivors</li> </ul>	<ul style="list-style-type: none"> <li>Free</li> </ul>

**NOTE:**

- If there is someone you want to see, it is best to call and ask about their payment options.
- See mental health provider list for Whatcom County at [www.namiwhatcom.org](http://www.namiwhatcom.org)
- If you have insurance, contact the insurance company for their preferred providers

For questions, contact WAHA by calling 360-788-6594 or emailing [info@whatcomalliance.org](mailto:info@whatcomalliance.org)



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