

Mental Health Resources Whatcom County

Resource	Requirements	Methods of Payment Accepted	Contact
VOA Crisis Line National Suicide Helpline	<ul style="list-style-type: none"> • none 	<ul style="list-style-type: none"> • Free 	1-800-584-3578 1-800-273-8255
Behavioral Health Access Program (BHAP)	<ul style="list-style-type: none"> • Whatcom County resident • Uninsured • Low-income 	<ul style="list-style-type: none"> • Sliding fee scale • \$0-\$20.00 	Call WAHA for referral 360-788-6594
Medicaid Providers	<ul style="list-style-type: none"> • Current Medicaid recipient 	<ul style="list-style-type: none"> • Medicaid 	For appointment call: ACCESS Line 1-888-693-7200
Compass Health	<ul style="list-style-type: none"> • none 	<ul style="list-style-type: none"> • Medicaid 	360-676-2220 3645 McLeod Rd. Bellingham, WA 98226 M-F 8:30-5:30 (multiple locations)
Rainbow Recovery Center	<ul style="list-style-type: none"> • none 	<ul style="list-style-type: none"> • No therapists on staff, but provide referrals and support groups; peer counselors 	360-752-2577 209 W. Holly St. Bellingham, WA 98225 M-F 8:00–2:45 (Wed-Close 3PM)
CCS Recovery Center	<ul style="list-style-type: none"> • Chemical dependency & mental health 	<ul style="list-style-type: none"> • Uninsured • Medicaid • Private Insurance 	360-676-2187 515 Lakeway Drive Bellingham, WA 98225
Unity Care Northwest Behavioral Medicine	<ul style="list-style-type: none"> • none 	<ul style="list-style-type: none"> • Medicaid (must call Access Line first) • Sliding Scale 	360-676-6177 1616 Cornwall Ave Suite 205 Bellingham, WA 98225 M-F 7:45-6:00 www.unitycarenw.org
SeaMar Community Health Center Behavioral Medicine	<ul style="list-style-type: none"> • none 	<ul style="list-style-type: none"> • Medicaid • Medicare (Only with Medicaid) • Private Insurance • Sliding scale 	360-734-5458 3350 Airport Drive Bellingham, WA 98226 M-F 8:00-5:00 www.seamar.org
Western Washington University Counseling Training Clinic	<ul style="list-style-type: none"> • Individuals • All Ages • Open January to June 	<ul style="list-style-type: none"> • Free 	360-650-3184 Academic Instruction Center 453 516 High St. Bellingham, WA 98225
Gary Dolin, LICSW	<ul style="list-style-type: none"> • Adolescents and adults. • Call to schedule appt 	<ul style="list-style-type: none"> • Private Pay • Sliding Scale 	360-303-6505 Bellingham & Ferndale offices available gary.dolin@gmail.com
Bellingham Therapeutic Counseling, LLC Debra J. Shawver, LICSW	<ul style="list-style-type: none"> • By appointment only, please call • No children under age 7 	<ul style="list-style-type: none"> • Medicaid • Medicare • Private Insurance • Sliding scale 	360-536-1565 115 W Magnolia St Suite 207 Bellingham WA 98225 Shawvers11@hotmail.com

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Joan Wildfield, LMHC	<ul style="list-style-type: none"> By appointment only, please call 	<ul style="list-style-type: none"> Sliding scale Private Insurance 	360-920-4088 1112 11 th St Suite 301A Bellingham, WA 98225
Dawne Grove	<ul style="list-style-type: none"> 13+ and older Call or check website to schedule appt 	<ul style="list-style-type: none"> \$115 per session Private Insurance 	360-220-3855 192 E Bakerview Rd Suite 102 Bellingham, WA 98226 https://discoverycounsel.com/dawn-grove
Compass Christian Counseling	<ul style="list-style-type: none"> Adults Call to schedule appt 	<ul style="list-style-type: none"> Cash & check 	360-685-4226 1313 E. Maple St Bellingham, WA 98225 Debra.ivancovich.counseling@gmail.com
Jayne Fergoda, Ph.D., LICSW	<ul style="list-style-type: none"> Youth 6+, families & adults 	<ul style="list-style-type: none"> Medicare Insurance 	360-685-4224 1313 E. Maple Street, Ste 224 Bellingham WA 98225 jayme@jaymefergoda.com
Prinster, Freedman, Grohnolt	<ul style="list-style-type: none"> Call for screening 	<ul style="list-style-type: none"> Sliding scale Private Insurance Cash and check Credit and debit (by some clinicians) 	360-734-2664 1200 Old Fairhaven Pkwy Suite 302 Bellingham, WA 98225
Mark Harfenist LMHC, LMFT	<ul style="list-style-type: none"> Individual, Couple and Family Therapy 	<ul style="list-style-type: none"> Private Insurance Payment plans 	360-223-0132 1201 11th St. Suite 204A Bellingham, WA 98225 markharfenist@gmail.com
Depression & Bipolar Support Alliance	<ul style="list-style-type: none"> Support group meets monthly 	<ul style="list-style-type: none"> Free 	360-354-6841 1212 Indian Street Bellingham, WA 98225 2 nd Tuesdays 7-9pm www.dbsalliance.org whatcomdbsa@gmail.com
Sunrise Community Mental Health	<ul style="list-style-type: none"> Adults only 	<ul style="list-style-type: none"> Medicaid 	360-7467200 1515 Cornwall Avenue Bellingham, WA 98225
Support Groups (various) NAMI Whatcom National Alliance on Mental Illness	<ul style="list-style-type: none"> For those living with mental illness, families, spouses, suicide survivors 	<ul style="list-style-type: none"> Free 	360-671-4950 www.namiwhatcom.org

NOTE:

- If there is someone you want to see, it is best to call and ask about their payment options.
- See mental health provider list for Whatcom County at www.namiwhatcom.org
- If you have insurance, contact the insurance company for their preferred providers