

Mental Health Resources Whatcom County

Resource	Requirements	Methods of Payment Accepted	Contact
VOA Crisis Line National Suicide Helpline	none	<ul style="list-style-type: none"> Free 	1-800-584-3578 1-800-273-8255
Behavioral Health Access Program (BHAP)	Whatcom County resident No insurance Low-income	<ul style="list-style-type: none"> Sliding fee scale \$0-\$20.00 	Call WAHA for referral 360-788-6594
Medicaid Providers	Current Medicaid recipient	<ul style="list-style-type: none"> Medicaid 	For appointment call: ACCESS Line 1-888-693-7200
Compass Health	none	<ul style="list-style-type: none"> Medicaid Must call WAHA for screening for possible financial aid (360-788-6594) 	360-676-2220 3645 McLeod Rd. Bellingham, WA 98226 M-F 8:30-5:30
Rainbow Recovery Center	none	<ul style="list-style-type: none"> Contribute to the Center according to comfort level (chores, etc.) No MH therapists on staff, but provide referrals and support groups 	360-752-2577 209 W. Holly St. Bellingham, WA 98225 M-F 8:00–3:45 (Wed-Close 3PM)
CCS Recovery Center	Chemical dependency & mental health (Co-occurring groups are offered)	<ul style="list-style-type: none"> Uninsured Medicaid Private Insurance 	360-676-2187 515 Lakeway Drive Bellingham, WA 98225
Interfaith Community Health Center Behavioral Medicine	none	<ul style="list-style-type: none"> Medicaid Medicare Private Insurance Sliding Scale 	360-788-2646 220 Unity St. Bellingham, WA 98225 M-F 7:45-6:00 Sat 8:15-4:00 www.interfaithchc.org
SeaMar Community Health Center Behavioral Medicine	none	<ul style="list-style-type: none"> Medicaid Medicare (Only with Medicaid) Private Insurance Sliding scale 	360-734-5458 4455 Cordata Pkwy Bellingham, WA 98226 M-F 8:00-5:00 www.seamar.org
Western Washington University Counseling Training Clinic	Individuals	<ul style="list-style-type: none"> Free 	360-650-3184 Academic Instruction Center 453 516 High St. Bellingham, WA 98225
Gary Dolin, LICSW	Adolescents and adults. By appointment only, please call	<ul style="list-style-type: none"> Private Pay Sliding Scale 	360-303-7221 Bellingham & Ferndale offices available gary.dolin@gmail.com
Bellingham Therapeutic Counseling, LLC Debra J. Shawver, LICSW	By appointment only, please call	<ul style="list-style-type: none"> Medicaid Medicare Private Insurance Sliding scale 	360-536-1565 2110 Iron St Bellingham WA 98225 Shawvers11@hotmail.com

Resource	Requirements	Methods of Payment Accepted	Contact
Joan Wildfield, LMHC	Children, adolescents and adults. By appointment only, please call	<ul style="list-style-type: none"> Sliding scale Private Insurance 	360-920-4088 Bellingham Towers 119 N. Commercial St. Suite 325 Bellingham, WA 98225
Dawne Grove	Ages 13 and older. By appointment only, please call or email	<ul style="list-style-type: none"> \$115 per session Sliding scale (only on a case by case basis) Private Insurance 	360-220-3855 192 E Bakerview Rd Suite 102 Bellingham, WA 98226 dmgcounseling@gmail.com
Compass Christian Counseling	Adults only. By appointment only, please call	<ul style="list-style-type: none"> Cash & check 	360-685-4226 1313 E. Maple St Bellingham, WA 98225 Debra.ivancovich.counseling@gmail.com
Jayne Fergoda, Ph.D., LICSW	Youth 6+, families & adults	<ul style="list-style-type: none"> Medicare Insurance 	360-685-4224 1313 E. Maple Street, Ste 224 Bellingham WA 98225 jayme@jaymefergoda.com
Prinster, Freedman, Grohnolt	Call for screening	<ul style="list-style-type: none"> Sliding scale Private Insurance Cash and check Credit and debit (by some clinicians) 	360-734-2664 M-Th 9:30-4:30 2110 Iron St Bellingham, WA 98225 www.freedman-associates.com
Mark Harfenist LMHC, LMFT	Individual, Couple and Family Therapy	<ul style="list-style-type: none"> Private Insurance Payment plans 	360-223-0132 1201 11th St. Suite 204A Bellingham, WA 98225 markharfenist@gmail.com
Depression & Bipolar Support Alliance	Support group meets monthly	<ul style="list-style-type: none"> free 	360-354-6841 / 360-733-1366 Health Support Center 1212 Indian Street Bellingham, WA 98225 2 nd Tuesdays 7-9pm www.dbsalliance.org
Sunrise Community Mental Health	Adults only. No medication management at the moment.	<ul style="list-style-type: none"> Medicaid 	360-7467200 1515 Cornwall Avenue Bellingham, WA 98225
Support Groups (various) NAMI Whatcom National Alliance on Mental Illness	For those living with mental illness, families, spouses, suicide survivors	<ul style="list-style-type: none"> Free 	360-671-4950 www.namiwhatcom.org

NOTE:

- If there is someone you want to see, it is best to call and ask about their payment options.
- See mental health provider list for Whatcom County at www.namiwhatcom.org
- If you have insurance, contact the insurance company for their preferred providers